

Hay River Community Centre

Fitness Schedule

June 30 - August 26, 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		Sr. Walking Club 10:00 - 11:00 am		Sr. Walking Club 10:00 - 11:00 am		
RIP 12:00 - 1:00 pm	R1DE 12:15 - 12:45 pm		R1DE 12:15 - 12:45 pm		R1DE 12:15 - 12:45 pm	R1DE 12:00 - 12:30 pm
M1ND 1:30 - 2:30		Mom+Tot Walking 1:30 - 2:30 pm		Mom+Tot Walking 1:30 - 2:30 pm		Vinyasa Yoga 1:00 - 2:00 pm Kirti
R1DE 3:00 - 4:00 pm						M1ND 2:30 - 3:30 pm
Yang Yin Yoga 4:30 - 5:30 pm Kirti		R1DE 6:00 - 6:45 pm	Cardio Kickboxing 6:00 - 6:45 pm	R1DE 6:00 - 6:45 pm		RIP 4:00 - 5:00 pm
	Yin Yoga 7:00 - 8:30 pm Kirti		RIP 7:00 - 8:00 pm	Hatha Yoga 7:00 - 8:30 pm Kirti		
				Walking Track	Yoga Classes	Virtual Programming

Membership Type	Drop In	10 Punch-Pass	1 Month	3 Month	6 Month
Adult (18 - 54)	\$8.50	\$76.00	\$85.00	\$306.00	\$510.00
Student (12 - 17)	\$7.00	\$63.00	\$70.00	\$252.00	\$420.00
Senior (55+)	\$5.50	\$47.50	\$52.50	\$189.00	\$315.00
Walking Track	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00

HAY RIVER COMMUNITY CENTRE BUSINESS HOURS
MONDAY - FRIDAY 8:00 AM - 8:30 PM
SATURDAY - SUNDAY 12:00 PM - 6:00 PM
HOLIDAYS 12:00 PM - 6:00 PM

Walking Track Hours | Monday - Friday 8:00am - 8:30pm | Saturday - Sunday 12:00pm - 6:00pm



hayriver.com/fitness-programming/

867.874.6500

Town of Hay River Recreation

Town of Hay River Community Center Fitness Schedule is subject to change without notice. For further information contact recreation programmer at recprogrammer@hayriver.com