

MAKE THE CONNECTION

September 11th, 2021
Hay River Community Centre
Curling Club Ice Surface
2:00 pm - 6:00 pm



Connect with local groups and organizations that run programming for all ages and interests within the community.



The Town of Hay River



The Town of Hay River Department of Recreation and Culture provides recreational programming for all members of the community.

Aquatics

The aquatic staff will be helping answering questions and providing more information on upcoming programming such as swimming lessons, lifeguard club, lifeguard training and more.

Recreation

Members of the recreation staff will be sharing information on are new and returning programming for youth, adults, and seniors.

Our fitness programming is expanding this fall with new group fitness classes and the return of top classes such as Spin.

The After-School Club will be returning this fall with new program offerings!

Contacts:

Nicole Mitchell
Recreation Programming Supervisor
programming@hayriver.com

Michael Scott
Aquatic Supervisor
aquatics@hayriver.com

Courtney Fraser
Recreation Programmer
recprogrammer@hayriver.com

Hay River Figure Skating Club



Hay River Figure Skating Club

Learn to Skate Programming
Star Skate Programming

Contact: Jamie Harris

Email: hrfsc@gmail.com

Website: <https://hrfsc.uplifterinc.com>

Girl Guides of Canada



Looking for a place where girls can build new relationships, meet with their peers, and adult volunteers, and access a build-in support group that cheers them on as they take the lead and explore new challenges?

That's Girls Guides of Canada!

Confidence. Creativity. Community.

For ages K-12 and beyond.

Contact: Lisa Smith

Email: lisa_smithereen@yahoo.ca

Connect on Facebook: Hay River Girl Guides

Hay River Minor Hockey



Hockey for ages 4-17 years old.

Contact: Stephane Millette
Email: recdirector@hayriver.com

Basketball NWT | Hay River | JR NBA



Birthdates: Jan 2009-Dec 2012 | Co-ed | 12 Weeks | 60 min sessions
A national youth basketball program designed to develop fundamental skills, sportsmanship, and love of the game of basketball.

Positively impact youth through the sport of basketball
Develop young athletes in alignment with the Sport Canada LTAD Model and stage-appropriate drills and games.

Entre to the Canada Basketball development pathway, encouraging athletes to pursue the high-performance opportunities.
Help athletes maximize their potential, using basketball as a vehicle to develop character and life skills.

Pending interest and coach availability, the following category may be added:

Birthdates: Jan 2013-Dec 2015

Contact: Coach Morrissey
Email: jasonm15@hotmail.com

Rotary Club of Hay River Sunrise



Rotary is a global network of 1.2 million neighbors, friends, leaders, and problem solvers who see a world where people unite and take action to create lasting change across the globe, in our communities, and in ourselves.

- Promote Peace
- Support Education
- Frow Local Economies
- Eradicating Polio

Contact: Dian Papineau-Magill
Email: dianpapineaumagill@gmail.com

Hay River Ski Club



Biathlon
Coaching of a biathlon program, skiing, and shooting. Ages 12 and up.
Jack Rabbits

A training of ski for kids ages 3 and up.

Contact: Karen Wall
Email: karen.wall@csftno.com

PHAB & RAD | Family Support Centre



Free weekly programs for youth ages 9-12.
Hosted by the Family Support Centre.

Contact: Sherri Vegso
Email: svegso1@gmail.com

Hay River Hazards Women's Hockey



Female hockey for women ages 16 and up.
Provide a fun and supportive experience for all female players.
All skill levels welcome.
Develop and learn the skills of hockey.
Gameplay.

Contact: Tiffany Demarcke
Email: tiffanydemarcke@gmail.com

Hay River Speed Skating Club



Speedskating is a competitive form of ice skating within an oval track.
The focus is in achieving one's "personal best".

Speedskating is a great way to develop:

- Endurance
- Strength
- Speed Flexibility

Programming:

- Cubs (Learn to Skate Program) 4 years and older not ready to compete
 - SS2 (Speed Skaters level 2), typically age 7-11
- Coach emphasized positioning, crossover, balance & agility.
 - SS3 (Speed Skater Level 3) Ages 12 and up
- Techniques are further developed with an emphasis on fitness, fun, skill enhancement & speed.

Participation in the Abilities Meet is encouraged.

Development Clinics

Dryland activities

Bring-A-Friend Events, etc.

Equipment is available for seasonal rent!

Contact: Jennifer Tousevard
Email: hayriverspeedskating@gmail.com

Hay River Fire Department



The Hay River Fire Department is looking for volunteers. The HRFD is a busy, challenging, but rewarding volunteer fire department that provides fire, rescue, and ambulance services. We not only respond to emergencies and routine calls, we provide fire prevention education through our school, daycares and open houses. If you are looking for a way to help people or serve your community while also building yourself through training and experience that you can't find anywhere else, apply today!

Contact: Travis Wright
Email: psdirector@hayriver.com

Hay River Karate Club

Traditional karate is a martial used for self-defence. It promotes physical fitness, concentration, and respect. Punching, kicking, and boxing are learned in a safe way as it is a non-contact sport.

Time: Mondays & Wednesdays | 6:00-7:00

Location: Hay River Legion

Cost per month:

\$15.00 | Youth | Ages 6-17

\$30.00 | Adult | Ages 18+

\$60.00 | Family

Contact: Gerry Engen
Email: Gerard.engen@outlook.com

Lizards Lounge & Lanes



We offer bowling from ages 4-18 (if born before December 31st, 2021) on Friday and Saturday afternoons. Shoes and Bowling balls are provided.

Contact: Tina Gauthier or Misty Robertson
Email: lizardslounge.lanes@yahoo.ca
Hay River Swim Club

Competitive Swimming for Youth Ages 6-18.

Contact: Rachel Yee
Email: k_ryee@northwestel.net

Army Cadets



#2724 Army Cadets

Firearms Safety & Target shooting/marksmanship.
Bush survival training; maps and compass.
Leadership skills & problem-solving.
Personal growth development.
Army / Military orientation.
Physical fitness.
Summer Camps – Various
Civil / Community Awareness.

Contact: Captain Paul Osted or Jim Forsey

Email: 2724army@cadets.gc.ca or jforsey53@gmail.com

The Purple Pick



Music lessons for youth and adults!

Fun after-school programs

Fabulous Friday afternoons

Weekend Music Clubs

Private Lessons

Keyboard, Fiddle, Guitar, Ukulele.

Located in downtown Hay River, next to the Hay River Community Centre.

Contact: Linda Duford

Email: [ljtd58@yahoo.ca](mailto:ljud58@yahoo.ca)